

Food Policy



Native Women's
Association of Canada

L'Association des
femmes autochtones
du Canada

Consultations for a Canadian National Food Policy

- First Nations, Métis and Inuit people are disproportionately impacted by food insecurity and NWAC is working to uncover the best ways for Indigenous women, girls and gender diverse people to access healthy and affordable food.
- Agriculture and Agri-Food Canada reached out to NWAC to work together and create a national food policy that better reflects the needs of the public.
- The goal of the national food policy strategy is to “set a long-term vision for health, environmental, social and economic goals related to food, while identifying actions we can take in the short-term.”¹
- NWAC published a final report on the engagement project of the national framework for food in May 2018.
- The report features key recommendations on how the voices of Indigenous women, girls and gender diverse people must be reflected in the forthcoming national food policy for Canada.



Food Policy Statistics

- One in 5 (20%) of First Nations people living off-reserve, Métis and Inuit people aged 15 and older have been in a household that has experienced food insecurity in the last 12 months, compared to eight per cent of the non-Indigenous population.²
- **First Nations:** 17.8% of First Nations adults (25–39) have chosen not to eat when hungry due to a lack of money.³
- **Inuit:** 56% of Inuit women in Nunavut aged 25 and over have been in a household that has faced food insecurity.⁴
- **Métis:** 18% of Métis women have lived in a household that has experienced food insecurity.⁵

Works Cited

- ¹ Agriculture and Agri-Food Canada. (2017). A Food Policy for Canada: Consulting with Canadians Factsheet.
- ² Statistics Canada. (2012). Aboriginal Peoples Survey.
- ³ Schutter, Olivier. (2012). United Nations Report of the Special Rapporteur on the Right to Food.
- ⁴ Arriagada, Paula. (2017). Statistics Canada. Insights on Canadian Society: Food insecurity among Inuit living in Inuit Nunangat.
- ⁵ Arriagada, Paula. (2016). Statistics Canada. Women in Canada: A Gender-based Statistical Report.

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