



Native Women's
Association of Canada

L'Association des
femmes autochtones
du Canada

Resource 'ZINE

CRISIS LINES

TOOLKITS

SHELTERS



16 Days of Activism Against
Gender-Based Violence
Campaign, 2018

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NWAC and 16 Days



NWAC acknowledges the resilience and strength of survivors and families who have lost their loved ones to violence.

The Native Women's Association of Canada (NWAC) is a national non-profit that works to promote the wellbeing of Indigenous women, girls, and gender diverse people. Anti-violence work is one of NWAC's central priorities, and we foreground it in a range of projects like the Sisters in Spirit Initiative and our boarder advocacy and legislative analysis work.

The worldwide 16 Days of Activism Against Gender-Based Violence Campaign is aimed at raising awareness about gender-based violence. In Canada, community partners and organizations come together to promote vigils, marches, fundraisers, webinars and social media campaigns.

For the 2018 16 Days Campaign, NWAC used each day to post a different crisis line, shelter or other front-line service for victims and survivors, as well as toolkits and resources for people working in the field. Supporting the needs of families and survivors is a key facet of ending violence against Indigenous women, girls, and gender diverse people.

Please print and share this resource widely.

www.nwac.ca

reception@nwac.ca

1.800.461.4043

NWAC Resources for Survivors of Violence



PROJECT PEACE

NWAC’s Project PEACE produced in a toolkit of five workbooks, supports Indigenous women, girls, gender diverse people, men, and boys who have experienced or witnessed violence, achieve their goals. The workbooks were created through engaging knowledge holders, Elders and Indigenous people in 13 different communities. The objective of this work is to promote safety and violence prevention in communities through engagement.

Download them at: nwac.ca/violence-prevention-and-safety



YOU ARE NOT ALONE

NWAC's You Are Not Alone project produced a guide designed to help Indigenous women with community safety planning resources. The toolkit includes a resource guide of services available to Indigenous women in every province and territory.

Download the resource at:

nwac.ca/violence-prevention-and-safety



HONOURING INDIGENOUS WOMEN TOOLKIT

NWAC created the Honouring Indigenous Women Toolkit as an educational resource to address the need to restore honour and respect for Indigenous women, girls and gender diverse people. The toolkit includes information about traditional roles, 2SLGBTQ+ and Indigeneity, and as a range of hands-on activities.

Download the resource at:

nwac.ca



National Services & Toolkits



CHRYSALIS ANTI-HUMAN TRAFFICKING NETWORK

1-866-528-7109

- FREE, CONFIDENTIAL CRISIS LINE
- TRAUMA COUNSELLING, REFERRALS AND SAFETY PLANNING
- INDIGENOUS WOMEN, GIRLS AND TWO-SPIRIT PEOPLE
- SAFE FOR ANYONE INVOLVED IN THE SEX TRADE TO USE
- HEALING RESOURCES AND INFORMATION ABOUT LAND-BASED MEDICINES
- FRENCH, CREE, OJIBWAY AND INUKTITUT
- CHRYSALISNETWORK.ORG



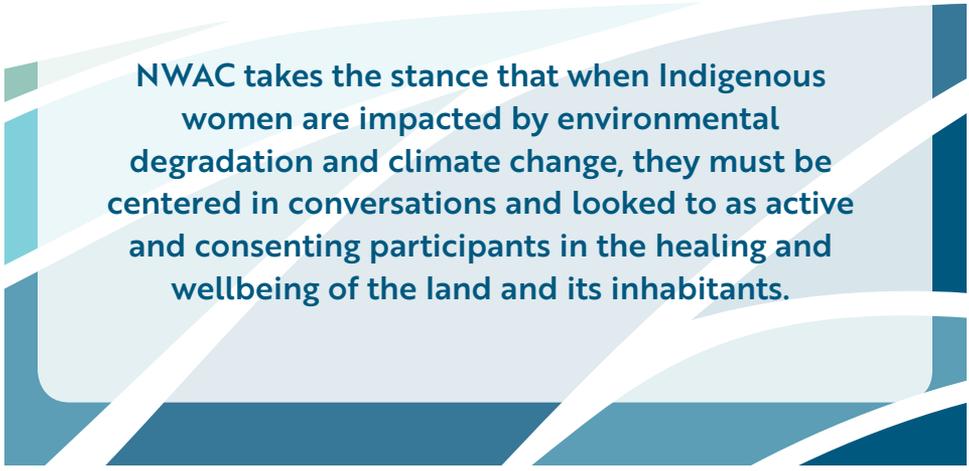


*VIOLENCE ON THE LAND,
VIOLENCE ON OUR BODIES* TOOLKIT
NATIVE YOUTH SEXUAL HEALTH NETWORK &
WOMEN'S EARTH ALLIANCE



LANDBODYDEFENSE.ORG

- DOCUMENTS THE IMPACTS OF EXTRACTIVE INDUSTRIES ON FAMILIES, COMMUNITIES AND THE BODIES OF INDIGENOUS WOMEN, GIRLS, AND TWO-SPIRIT PEOPLE
 - BEST PRACTICES FOR RESISTANCE
 - WORKSHOP TEMPLATES, HEALING RESOURCES, AND INFORMATION ABOUT LAND-BASED MEDICINES
- 



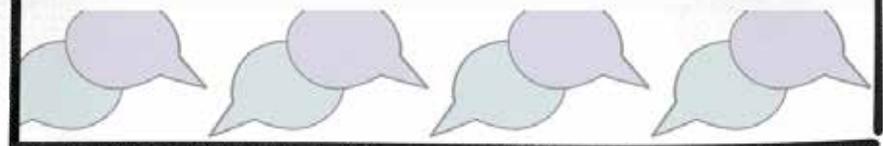
NWAC takes the stance that when Indigenous women are impacted by environmental degradation and climate change, they must be centered in conversations and looked to as active and consenting participants in the healing and wellbeing of the land and its inhabitants.



HOPE FOR WELLNESS HELPLINE

1-855-242-3310

HOPEFORWELLNESS.CA

- CONNECT TO CRISIS INTERVENTION COUNSELLORS 24/7, TOLL-FREE
 - AVAILABLE IN ENGLISH, FRENCH, CREE, OJIBWAY, AND INUKTITUT.
 - ONLINE CHAT SUPPORT ALSO AVAILABLE
- 



SHELTERS SAFE.CA

- CLICKABLE MAP THAT ALLOWS YOU TO QUICKLY IDENTIFY THE NEAREST SHELTER AND ITS CRISIS LINE

NWAC believes in representing the full diversity of our communities, and is making meaningful efforts to ensure our advocacy responds to the lived experiences of Indigenous 2SLGBTQ+ women and gender diverse people.



2SLGBTQ+
Unit

A graphic for Trans Lifeline with a hand-drawn, sketchy border. The top and bottom edges are decorated with a repeating pattern of gender symbols: a circle with a cross (male) and a circle with a vertical line (female).

TRANS LIFELINE
1-877-330-6366
TRANSLIFELINE.ORG

- PEER SUPPORT HOTLINE BY AND FOR
TRANS PEOPLE.

HOURS OF OPERATION:
7AM-1AM PACIFIC
9AM-3AM CENTRAL
10AM-4AM EASTERN

Nunavut



NUNAVUT KAMATSIQUTUT HELP LINE

1-800-265-3333

- TOLL-FREE, ANONYMOUS, CONFIDENTIAL
- RESOURCE DIRECTORY AVAILABLE ONLINE:
WWW.NUNAVUTHELPLINE.CA

Northwest Territories



THE SEDNA ASSOCIATION OF
NUNAVUT / N.W.T. SHELTERS
(867) 777-3877

- NETWORK OF WOMEN'S SHELTERS
ACROSS NWT AND NUNAVUT
- INFORMATION AND RESOURCE-SHARING
- ADVOCACY AND LOBBYING

Northwest Territories

Continued



NORTHWEST TERRITORIES HELPLINE
1-800-661-0844

- TOLL-FREE, CONFIDENTIAL, 24/7 SUPPORT
- OPTION FOR FOLLOW-UP CALLS
- HOSTS TELEPHONE GROUP COUNSELLING SESSIONS (ALSO FREE, ANONYMOUS AND CONFIDENTIAL)
- [FACEBOOK.COM/NWTHELPLINE](https://www.facebook.com/nwthelpline)

Yukon



KAUSHEE'S PLACE / YUKON
WOMEN'S TRANSITION HOME
(867)668-5733 (CRISIS LINE)

- SHELTER, OUTREACH, SUPPORT, AND ADVOCACY FOR WOMEN AND THEIR CHILDREN (ALL AGES) WHO ARE FLEEING ABUSE
- REFERRALS AND ASSISTANCE IN ACCESSING COMMUNITY RESOURCES
- WWW.WOMENSTRANSITIONHOME.CA

British Columbia



NORTH SHORE CRISIS
SERVICES SOCIETY
(604) 987-3374

- 24/7 CRISIS LINE
- TRANSITION AND SUPPORT SERVICES
- MULTI-STAGE TRANSITION HOUSE +
SUPPORT SERVICES FOR WOMEN FLEEING
ABUSE (AND THEIR CHILDREN/TEENS)
- NSCSS.NET

British Columbia

Continued



WOMEN AGAINST VIOLENCE AGAINST WOMEN (VANCOUVER, BC)

1-877-392-7583

- 24-HOUR CRISIS LINE
- WORKSHOP, RESOURCES AND COMMUNITY REFERRALS
- INDIGENOUS COUNSELLING PROGRAM AND MMIWG FAMILY COUNSELLING
- WWW.WAVAW.CA

Alberta



ALBERTA FAMILY VIOLENCE INFORMATION LINE

(780) 310-1818

- 
- 24-HOUR CRISIS LINE IN 170+ LANGUAGES, INCLUDING PLAINS CREE AND BLACKFOOT
 - ANONYMOUS CHAT AT WWW.ALBERTA.CA
- 



SUCKER CREEK WOMEN'S EMERGENCY SHELTER (ALBERTA)

- 
- ON-RESERVE SHELTER FOR WOMEN AND THEIR CHILDREN WHO ARE FLEEING ABUSE
 - INDIGENOUS AND NON-INDIGENOUS WOMEN WELCOME
 - CRISIS LINE (780) 523-4357
- 

Saskatchewan



MOOSE JAW TRANSITION HOUSE
(MOOSE JAW, SK)

- 24-HOUR CRISIS LINE (306) 693-6511
- CHILDREN WELCOME
- REFERRALS AND ASSISTANCE GETTING TO AND FROM APPOINTMENTS
- GROUP SUPPORT SESSIONS
- WWW.MJ-TRANSITIONHOUSE.COM

Saskatchewan

Continued



PIWAPAN WOMEN'S SHELTER (LA RONGE, SK)

- CRISIS LINE (306) 425-4090
 - PERSONALIZED SAFETY PLANNING
 - REFERRALS AND ASSISTANCE GETTING TO AND FROM APPOINTMENTS
 - INDIVIDUAL AND GROUP SUPPORT
 - WWW.PWCPROGRAMS.COM
- 

Manitoba



KLINIC COMMUNITY HEALTH (WINNIPEG, MB)

- HEALTH SERVICES, INCLUDING TRANS SPECIFIC CARE
- SEXUAL ASSAULT, PTSD AND SUICIDE BEREAVEMENT COUNSELLING
- CRISIS LINE 1-888-322-3019
- ONLINE CHAT SUPPORT AT WWW.SUPPORTLINE.CA

Ontario



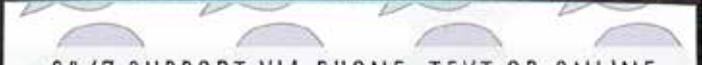
ANDUHYAUN INC. (TORONTO, ON)
(416) 243-7669 EXT. 226



- SHELTER SERVICE THAT FOCUSES ON PHYSICAL, CULTURAL AND SPIRITUAL WELLBEING FOR WOMEN AND CHILDREN
- INDIVIDUAL SEXUAL ASSAULT AND CRISIS COUNSELLING
- LIFE SKILLS, RESIDENT SUPPORT SERVICES, CULTURAL CEREMONIES AND CONTACT WITH ELDERS



TALK4HEALING (ONTARIO)
1-855-554-HEAL



- 24/7 SUPPORT VIA PHONE, TEXT OR ONLINE CHAT BY AND FOR INDIGENOUS WOMEN
- AVAILABLE IN 14 LANGUAGES
- WWW.TALK4HEALING.COM



Ontario

Continued



FEM'AIDE 1-877-336-2433

- 24/7 FRENCH LANGUAGE SUPPORT, INFORMATION AND SERVICE REFERRAL FOR WOMEN WHO HAVE EXPERIENCED GENDER-BASED VIOLENCE
 - FOCUSES ON EMPOWERING WOMEN THROUGH TRUST-BUILDING AND NON-JUDGEMENTAL INTERVENTION
 - SERVICE CAN ALSO BE USED BY FRIENDS AND FAMILIES OF SURVIVORS
 - ACCESS TTY SERVICE: **1-866-860-7082**
- 

Québec



SOS VIOLENCE CONJUGALE
1-800-363-9010

- 24/7 TOLL-FREE CRISIS LINE IN FRENCH AND ENGLISH
- OPERATORS CAN PROVIDE SUPPORT, INFORMATION AND REFERRALS
- TTY AVAILABLE
- WWW.SOSVIOLENCECONJUGALE.CA

New Brunswick

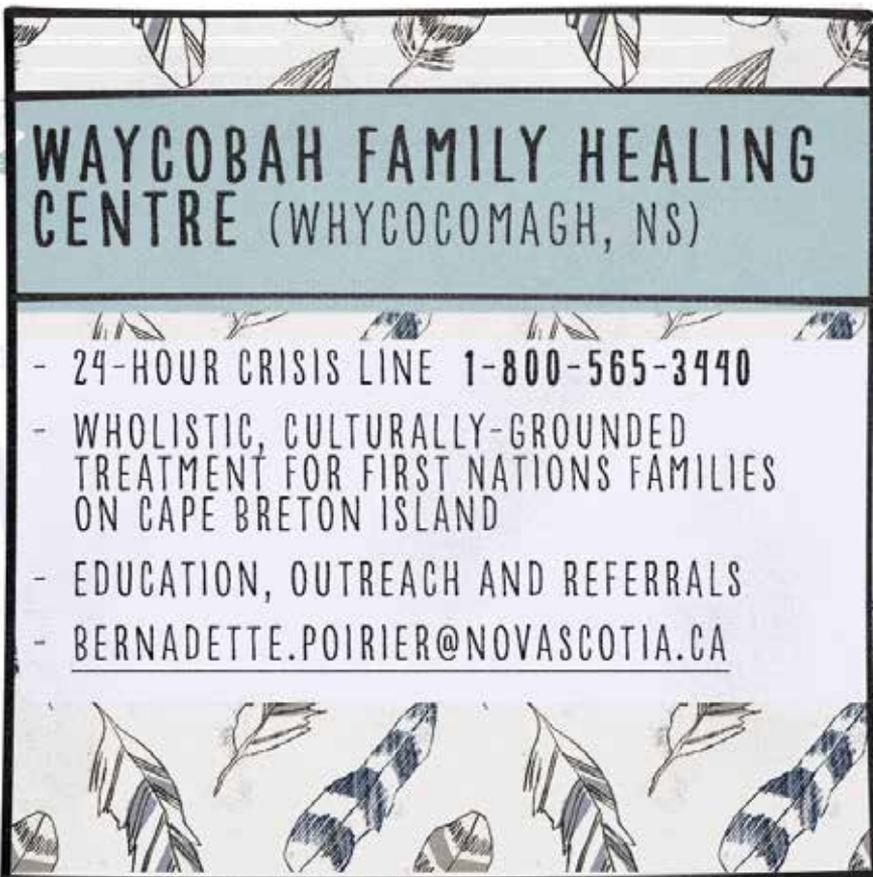


GIGNOO TRANSITION HOUSE

(FREDERICTON, NB) 1-800-565-6878

- CULTURALLY-APPROPRIATE SERVICES FOR WOMEN AND THEIR CHILDREN WHO HAVE BEEN PHYSICALLY, MENTALLY, EMOTIONALLY AND/OR SEXUALLY ABUSED
- PEER COUNSELLING, FINANCIAL PLANNING, PARENTING SKILLS AND TRADITIONAL HEALING
- MI'KMAQ AND MALISEET-SPEAKING STAFF
- ONLINE CHAT SERVICES ALSO AVAILABLE - WWW.GIGNOOHOUSE.CA

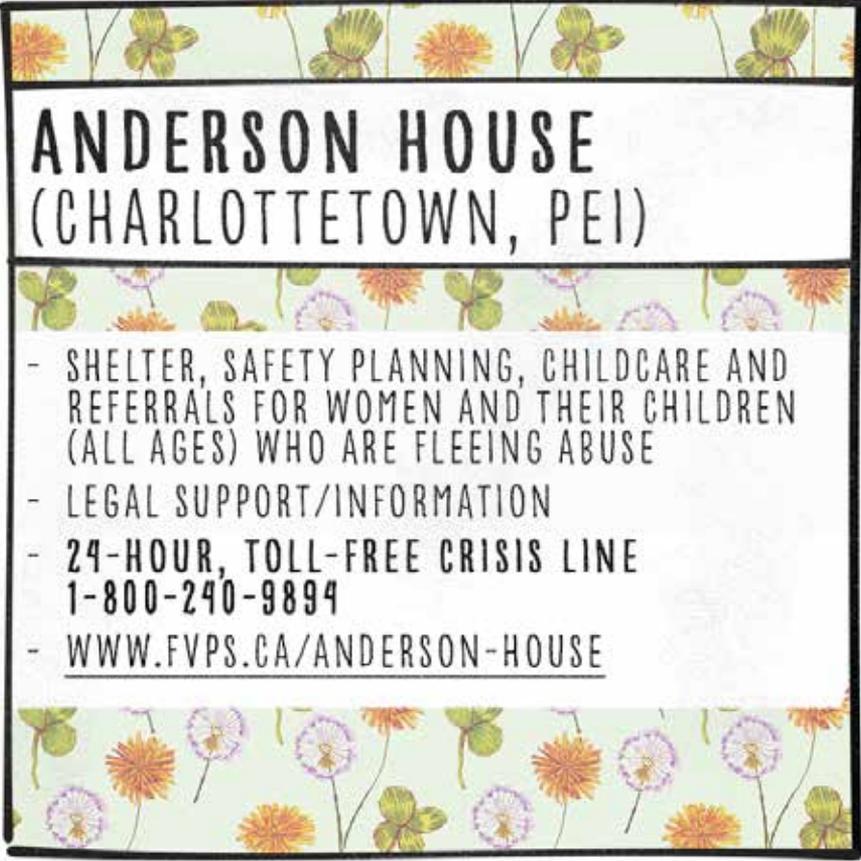
Nova Scotia



WAYCOBAH FAMILY HEALING CENTRE (WHYCOCOMAGH, NS)

- 24-HOUR CRISIS LINE 1-800-565-3440
- WHOLISTIC, CULTURALLY-GROUNDED TREATMENT FOR FIRST NATIONS FAMILIES ON CAPE BRETON ISLAND
- EDUCATION, OUTREACH AND REFERRALS
- BERNADETTE.POIRIER@NOVASCOTIA.CA

Prince Edward Island



ANDERSON HOUSE (CHARLOTTETOWN, PEI)

- SHELTER, SAFETY PLANNING, CHILDCARE AND REFERRALS FOR WOMEN AND THEIR CHILDREN (ALL AGES) WHO ARE FLEEING ABUSE
- LEGAL SUPPORT/INFORMATION
- **24-HOUR, TOLL-FREE CRISIS LINE**
1-800-240-9894
- WWW.FVPS.CA/ANDERSON-HOUSE

Newfoundland & Labrador



HOPE HAVEN TRANSITION HOUSE (LABRADOR CITY, NL)

- 24-HOUR, TOLL-FREE CRISIS LINE
1-888-332-0000
- SHELTER, SAFETY PLANNING, COUNSELLING
AND REFERRALS FOR WOMEN AND THEIR
CHILDREN (ALL AGES) EXPERIENCING VIOLENCE
- WWW.HOPEHAVEN.CA



**Protect and respect
Indigenous Women, Girls
and Gender Diverse People**

#16dayscanada



Native Women's
Association of Canada

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L'Association des  
femmes autochtones  
du Canada



Thanks for sharing!

[www.nwac.ca](http://www.nwac.ca)

[reception@nwac.ca](mailto:reception@nwac.ca)

1.800.461.4043