

FACT SHEET

STALKING / CRIMINAL HARASSMENT

Facts on stalking

- 58% of stalking survivors are under 34 years old
- Seventy-four percent of stalking victims are between the ages of 18 and 39 (Tjaden and Thoennes 1998).
- 80% of the 4450 stalking victims in Canada in 1996 were women (METRAC)

What does stalking / criminal harassment look like?

Stalking/criminal harassment can include a number of different behaviors intended to control and frighten the person being stalked. Most commonly, this can involve:

- repeated telephone calls, letters or emails
- sending unwanted gifts (flowers, candy, etc)
- showing up uninvited at work or home
- stealing mail
- following, watching, tracking
- threatening harm to the person being stalked, her family, friends, pets
- harassing her employer, colleagues or family
- vandalizing her car or home
- harming pets
- assault (physical, sexual, emotional)
- kidnapping, holding hostage (METRAC)

***If you think you are being stalked
contact authorities and adequate service providers.***

